

7. The garment according to claim 1, further comprising a strong straining portion (F) for pressing abdomen and a strong straining portion (B), wherein:

- the portion (F) has a main stretch direction in the longitudinal
- 5 direction of the garment;
- the portion (F) covers the center of hypogastric region;
- an end of the portion (B) is connected to each of right and left lower sides of the portion (F); and
- the portion (B) covers a region extending obliquely downward from
- 10 the right and left lower sides of the portion (F) approximately in the directions of muscle fibers of musculus obliquus internus abdominis at right and left to at least the vicinity of trochanter major.

8. The garment according to claim 1, further comprising a strong straining portion (F) for pressing abdomen and a strong straining portion (C), wherein:

- the portion (F) has a main stretch direction in the longitudinal
- direction of the garment;
- the portion (F) covers the center of hypogastric region;
- 20 an end of the portion (C) is connected to each of right and left upper sides of the portion (F); and
- the portion (C) covers a region extending obliquely upward from the right and left upper sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus externus abdominis at right and left to
- 25 at least a position exceeding the sides of the wearer to the back side.

9. The garment according claim 1, further comprising a strong straining portion (F) for pressing abdomen, a strong straining portion (B),

and a strong straining portion (C), wherein:

the portion (F) has a main stretch direction in the longitudinal direction of the garment;

the portion (F) covers the center of hypogastric region;

5 an end of the portion (B) is connected to each of right and left lower sides of the portion (F);

the portion (B) covers a region extending obliquely downward from the right and left lower sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus internus abdominis at right and left to at least the vicinity of trochanter major;

10 an end of the portion (C) is connected to each of right and left upper sides of the portion (F); and

the portion (C) covers a region extending obliquely upward from the right and left upper sides of the portion (F) approximately in the direction of muscle fibers of musculus obliquus externus abdominis at right and left to at least a position exceeding the sides of the wearer to the back side.

10. The garment according to claim 1 or 2, wherein:

the portion indicated by the portion (A) is a strong straining portion (A2); and

the portion (A2) further covers a region extending from the vicinity of trochanter major toward regio femoralis anterior medialis through at least a part of any at least one musculus quadriceps femoris selected from musculus sartorius, musculus rectus femoris and musculus vastus medialis.

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11. The garment according to claim 1 or 2, wherein:

the portion indicated by the portion (A) is a strong straining portion (A3); and

the portion (A3) further covers a region extending from the vicinity of trochanter major through the vicinity of tractus iliotibialis and/or musculus vastus lateralis in regio femoralis to a position a little higher than patella.

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12. The garment according to claim 1 or 2, wherein:

the portion indicated by the portion (A) is a strong straining portion (A4); and

the portion (A4) further covers a region extending from the vicinity
10 of trochanter major through the vicinity of tractus iliotibialis and/or
musculus vastus lateralis to patella, and further from patella through the
vicinity of musculus gastrocnemius and/or musculus soleus in the regio
cruris lateralis to the vicinity of an upper part of malleolus lateralis so as to
support musculus gastrocnemius and musculus soleus.

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13. The garment according to claim 2, wherein:

the portion indicated by the portion (B) is a strong straining portion (B2); and

the portion (B2) further covers a region extending from the vicinity
20 of trochanter major through a lower part of the bulges of the buttocks.

14. The garment according to claim 2, wherein:

the portion indicated by the portion (B) is a strong straining portion (B3); and

25 the portion (B3) further covers a region extending from the vicinity
of trochanter major through at least a part of hamstrings in regio femoralis
posterior.

20. The garment according to claim 1 or 2, wherein a strong straining portion has a straining force of 150 to 400 gf.

21. The garment according to any one claims 1 to 2, wherein the stretch fabric is a knitted fabric selected from a two-way stretch tricot and a stretch raschel.

22. The garment according to claim 1 or 2, wherein:
the garment comprises a stretch fabric,
the garment covers at least a part of the lower body of a wearer, has
a crotch part, and is worn by being fitted to the wearer's body, and
the garment is selected from a girdle, spats, sports tights, bodysuit,
leotard and swimsuit.

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23. The garment according to claim 1 or 2, wherein:
the garment comprises a stretch fabric,
the garment covers at least a part of the lower body of a wearer, has
a crotch part, and is worn by being fitted to the wearer's body, and
20 the garment has a leg part cylindrically covering regio femoralis of
the wearer's body to at least a position lower than the crotch part.

24. The garment according to claim 1 or 2, wherein:
the garment comprises a stretch fabric,
25 the garment covers at least a part of the lower body of a wearer, has
a crotch part, and is worn by being fitted to the wearer's body,
the position of a lower end of the garment is approximately the same
as or higher than the position of the crotch part; and

the garment does not have a leg part cylindrically covering regio femoralis to at least a position lower than the crotch part.